



Enrich Your Spiritual Life Through Praying with Scripture

A Six-Week Program at St. Mary's Anglican Church, Fulford

Experience the sweetness and beauty of the contemplative way of life . . . especially for those of us leading busy lives! Sense the way that God leads us beyond anxiety into inner stillness and peace. Learn how to deepen your relationship with God through praying with Scripture daily using the ancient prayer practice of *Lectio Divina*.

Rev. Mike Potter will be leading a six-week program teaching and supporting this practice at historic St. Mary's Anglican Church in Fulford, where one can feel the lingering effect of over 100 years of prayers. It will begin with a half-day workshop from 9:00 am to 2:00 pm and will be followed by six weekly follow-up sessions to support and strengthen your daily practice of praying with Scripture.

This program will be offered sometime in late May or early June, the exact dates and times to be determined after consulting with those of you who are interested in participating. There is no cost for the program. **To register your interest, please sign up on the signup sheet in the Narthex at All Saints, or contact Mike directly.**

For more information, please contact Mike at r.mike.potter@gmail.com or by phone at 901-230-4997.



Mike was commissioned by Contemplative Outreach, Ltd. to present both Centering Prayer and Lectio Divina workshops. Over the past 20 years, he has led many such workshops and retreats throughout the U.S. in person and globally via Zoom. Mike is an ordained Elder in the United Methodist Church and for eleven years before his retirement last November he served as a hospice chaplain with Methodist Alliance Healthcare in Memphis, Tennessee. He currently serves on the pastoral care team of the Anglican Parish of Salt Spring Island.