#### PARISH ANNOUNCEMENTS

#### SUNDAY, OCTOBER 17, 2021

- ALL SAINTS' GARDENERS—On Friday, October 22., weather permitting, the All Saints' garden team will finish the season for regular gatherings. We are grateful for a wonderful spring and summer of time together in prayer and hard work. Thanks to the team for all that has been accomplished. We look forward to next spring when we will continue to meet to nurture and tend our beautiful garden at All Saints. Lolla and Sharon.
- 4<sup>th</sup> ANNUAL CLOTHING & BLANKETS DRIVE—THU NOV 4, 10am-4pm @2024 Holly St., in Brinkworthy, under covered walkway (Lynda Turner's home). **NEEDED:** socks/blankets/warm coats & sweaters/men's underwear. Thank you.

## Star of the Sea Events

All events are held online on **ZOOM**. **Registration is required** by email to <u>staroftheseassi@gmail.com</u> and then you will be emailed the Zoom link to join the session.

- THE POETRY OF WAR AND OF PEACE—TUE NOV 9, 7-8:30pm. For millennia, war has been one of the subjects of poetry. Join us for a session, two days before Remembrance Day, to hear poems of war and poems of peace, poems about human violence and the hope for its cessation. Bring a poem of war or a poem of peace, or just come to listen and respond to poems brought by others. Facilitated by Salt Spring poet Brian Day.
- QIGONG WITH PURNA MA: SELF-HEALING ART AND ENERGY CULTIVATION SYSTEM—
  THU NOV 18, 7-8:30pm. Qigong, an ancient Chinese self-healing art, includes a series of gentle, focused exercises for the mind and body. The system combines slow Tai Chi-like movements, breath work, static postures, self-massage, visualization and meditation to enhance the flow of qi—vital energy or life energy—throughout the body, increasing overall quality of life and improving flexibility and immune function. You will be introduced to some gentle, simple postures and movements, and the evening will conclude with a short period of meditation. The session, in addition to standing, can also be practiced sitting on a chair. Beginners and experienced practitioners welcome.

For more information: <a href="https://www.staroftheseassi.ca/events">https://www.staroftheseassi.ca/events</a>

# In the Community

• WILDLIFE OF THE FALKLANDS—THU OCT 21, 7-8pm @SSI Public Library, Program Room. The Falkland Islands, known in Spanish as the Islas Malvinas, are home to some of the most

spectacular wildlife in the world. Join Salt Springers Nick and Jenny Coghlan as they describe not only the wildlife but the unique way of life in the Falklands, pre- and post-war, and give practical hints, including good viewing locations and timing, for prospective visitors. For more information and to pre-register: Wildlife of the Falklands.

- WEST MY FRIEND—THU OCT 21-SAT OCT 23, 7:30-8:45pm @ArtSpring. Steeped in the visual styles of western Canada, three-piece Victoria-based folk outfit West My Friend mingle grassroots guitar, mandolin, accordion, and interweaving harmonies. After ten years as a band and 700 performances under their belts, they continue to refine the art of creating achingly poignant folk music. Their songs are intricate yet accessible, melancholic yet optimistic. Adults \$30. Youth \$5. For tickets and more information: https://artspring.ca/event/west-my-friend/.
- FABRIC FRENZY—FRI OCT 22-SUN OCT 24 @Farmers' Institute. A 3-day sale of everything to do with "needle arts", fabrics, notions, yarns and knitting supplies, books and patterns and loads of wonderful quilting material. Vintage and modern sewing machines and sergers and all kinds of needlepoint and embroidery frames. Organized by the Salt Spring Rotary Club to support Salt Spring Community youth mental health programs. Entry fee: \$2. For more information: ssirotaryfabrics@gmail.com.

### In the Diocese and Beyond

- ORDER OF THE DIOCESE OF BRITISH COLUMBIA INVESTITURE SERVICE—SAT OCT 23, 10:30-11:30am via Livestream. The Order recognizes the faithful and outstanding service of people to various diocesan and parish ministries. The service will be live streamed on the diocesan and cathedral websites.
- SACRED CLOTH: TEXTILES OF FAITH FRI NOV 19, 11am-12pm via ZOOM. Join Susan Purney Mark on a journey of discovery while visiting many of the world's religions to see how they use fabric, thread and textiles in their rituals, ceremonies and beliefs. A closer look at the history of our relationship with cloth can bring insight and understanding to all people of faith.

For more information: https://bc.anglican.ca/events